



PARENT AND TEACHER CHECKLIST

Parents and teachers... use this checklist to help you look for visual behaviors that might interfere with children's academic progress. These observations and judgments may help identify children who need immediate vision care.

- One eye turns in or out at any time
- Headaches
- Eye pain
- Excessive rubbing, blinking, tearing of eyes
- Eyes burn or itch after reading or near work

- Squinting to see distant objects
- Blurred vision when reading/writing
- Blurred vision after sustained near work
- Holding book very closely
- Poor posture when reading/writing

- Little or no interest in reading
- Reading below grade level
- Loss of place, skipping, or rereading words/lines when reading
- Print runs together or moves on the page
- Need to use finger or place marker when reading

- Cannot complete tasks in time allowed
- Poor printing or handwriting
- Errors when copying from the board/taking notes
- Repeating or omitting words or letters when writing
- Misaligning digits in number columns

- Closing or covering one eye during visual tasks
- Double vision
- Avoidance of near work
- Short attention span, easily distracted or extensive daydreaming
- Placement in special classes or received special testing at school
- Repeated a grade in school

- Failure to recognize same word in next sentence
- Confusing words with similar beginnings/endings
- Whispering to self for reinforcement while reading
- Consistent reversals of letters/numbers/words when reading/writing
- Left-right confusion

Additional Observations and Comments:

If you have checked any of the above, we may be able to help. Click here to schedule an appointment.

704-716-2020 Appointments

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